



DEPARTMENT OF THE NAVY
BUREAU OF MEDICINE AND SURGERY
2300 E STREET NW
WASHINGTON DC 20372-5300

Canc frp: May 2000

BUMEDNOTE 6120
BUMED-25
1 Jun 1999

IN REPLY REFER TO

BUMED NOTICE 6120

From: Chief, Bureau of Medicine and Surgery
To: Holders of the Manual of the Medical Department
Subj: CHANGE TO MANMED CHAPTER 15 ARTICLE 15-14, ACTIVE DUTY
PERIODIC MEDICAL EXAMINATIONS
Ref: (a) MANMED Article 15-14(3)

1. Purpose. To update medical examinations for flag and general officers.

2. Action. To update reference (a), make the following changes to MANMED article 15-14(3).

- a. MANMED article 15-14(3) is to be held in abeyance.
- b. Insert with the following in place of article 15-14(3):

(3) A complete physical examination shall be performed on all officers upon their selection to flag or general rank, and annually within 30 days of their birth date. A copy of the SF 88 and SF 93 shall be forwarded to BUMED (MED-25). MED-25, with the assistance of the Office of the Chief of Naval Operations (NOOF) and the Office of the Assistant Deputy Chief of Staff (Personnel Management) (General Officers Matters Section), shall provide notification to the flag and general officers of the requirement to perform their annual periodic physical examination. This notification shall occur no more than 60 days before their birthday. MED-25 will inform NOOF and General Officer Matters Section of those officers who fail to obtain the required physical examination. Male officers should have the following studies performed and results entered on the SF 88: PSA (prostate specific antigen) as indicated; total cholesterol, LDL (low density lipoprotein), and HDL (high density lipoprotein); chest x-ray every 5 years; stool guaiac and for those over 50 years old, a flexible sigmoidoscopy every 5 years. Female officers should have the following studies performed and the results entered on the SF 88: bilateral mammography; pelvic examination and Papanicolaou (PAP) smear; total cholesterol, LDL, and HDL; chest x-ray every 5 years; stool guaiac; and for those over 50 years old, a flexible sigmoidoscopy every 5 years. Retain all original health record entries and documents in the health record.

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3. Cancellation Contingency. Retain until incorporated into reference (a).



S. T. FISHER

Deputy

Available at:

<http://navymedicine.med.navy.mil/instructions/external/external.htm>