



DEPARTMENT OF THE NAVY
BUREAU OF MEDICINE AND SURGERY
2300 E STREET NW
WASHINGTON DC 20372-5300

IN REPLY REFER TO
BUMEDINST 6222.10A
BUMED-24
21 Jun 1999

BUMED INSTRUCTION 6222.10A

From: Chief, Bureau of Medicine and Surgery
To: Ships and Stations Having Medical Department Personnel

Subj: SEXUALLY TRANSMITTED DISEASE (STD) CLINICAL MANAGEMENT
GUIDELINES

Ref: (a) 1998 Guidelines for Treatment of STD, U.S. Department
of Health and Human Services, Centers for Disease
Control, Morbidity and Mortality Weekly Report, Vol.
47, No. RR-1 of 23 Jan 97
(b) BUMEDINST 6220.12A

Encl: (1) Preventive Medicine Points of Contact

1. Purpose. To provide current guidelines for treatment and prevention of STDs.
2. Cancellation. BUMEDINST 6222.10.
3. Background. Medical Department personnel must comply with the most recent therapeutic recommendations in the treatment and prevention of STDs.
4. General Evaluation Requirements. Whenever a patient presents for evaluation of a possible STD, the following must be done:
 - a. Venereal Disease Research Laboratory or Rapid Plasma Reagin (VDRL/RPR) Testing. Test must be performed. Consultation with a medical officer is required for questions concerning positive fluorescent treponemal antibody absorbed (FTA-ABS) tests.
 - b. Human Immunodeficiency Virus (HIV) Testing. Active duty personnel must be tested for infection by submitting a blood specimen for HIV serology. Additional HIV testing may be indicated at 3 and 6 months after treatment based on a diagnosis of a genital ulcer disease, the prevalence of HIV in the area, the number of episodes of STDs, and the nature and duration of sexual risk-taking behavior. Refer to reference (a) or the "points of contact" in enclosure (1) for specific guidance. The same regimen of testing is recommended for family members and other civilians presenting with a STD, but is voluntary and

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cannot be required. If the family member or other civilian agrees to be tested for HIV, this must be documented with a signed and witnessed informed consent. Followup counseling should be arranged to discuss HIV test results. Patients must be counseled about their HIV test results, to include understanding that positive results likely indicate exposures from past behavior, and may not be diagnostic of infection from a recent contact.

c. Hepatitis B Vaccine Administration. Unless previously administered, all active duty personnel are to receive hepatitis B vaccine when presenting for evaluation of a possible STD. Ensure the 3-dose vaccine series is completed. Beneficiaries and other civilians who seek evaluation for a possible STD should be recommended and encouraged to receive the hepatitis B vaccine series.

5. Treatment. Reference (a) contains current Centers for Disease Control and Prevention guidelines for the treatment of STDs in the United States. These recommendations should be followed along with other guidance provided in this instruction. Operational and geographic situations may require additional modification or elaboration of these guidelines as directed by the appropriate commander in chief, or as recommended by the cognizant Navy environmental and preventive medicine unit. Single dose treatment regimens that ensure compliance, provide a prompt cure, and are cost effective are generally preferred over other regimens.

6. Medical Quarantine. Policies of quarantine or restriction of liberty for STD patients while awaiting test results or confirmation of cure are strongly discouraged. However, patients must be appropriately counseled to refrain from sexual activity, pending confirmation of diagnosis and further followup.

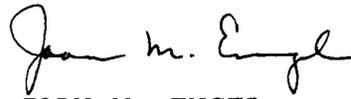
7. Contact Interviews. All STD patients will be interviewed to obtain epidemiological information on sexual contacts to ensure appropriate contact tracing and management.

8. Followup. Recommendations for followup treatment can be found in reference (a), and through points of contact found in enclosure (1).

9. Reporting. Reporting requirements are covered by reference (b). Reports must also be submitted in compliance with State reporting requirements.

10. STD Resources. Valuable STD resources may be downloaded from the Navy Environmental Health Center homepage. The internet address is: <http://www-nehc.med.navy.mil/prevmed/std/std>. Available resources include: 1998 Guidelines for Treatment of Sexually Transmitted Diseases and STD Diagnosis and Treatment Algorithms. Each command should adapt these guidelines and develop special SF 600 overprints based on local needs and capabilities.

11. Point of Contact. Guidance regarding new STD treatment guidelines or local variations may be obtained from local preventive medicine departments or the points of contact found in enclosure (1).



JOAN M. ENGEL
Assistant Chief for
Operational Medicine and Fleet Support

Available at:
<http://navymedicine.med.navy.mil/instructions/external/external.htm>

PREVENTIVE MEDICINE POINTS OF CONTACT

Navy Environmental and Preventive Medicine Units

Officer in Charge

Navy Environmental and Preventive Medicine Unit Number 2

1887 Powhatan Street
Norfolk, VA 23511-3394

DSN: 564-7671 Comm: (757) 444-7671
FAX: DSN: 564-1191 Comm: (757) 444-1191
PLAD: NAVENPVNTMEDU TWO NORFOLK VA
E-mail: PMU@SALTS.aso.navy.mil

Officer in Charge

Navy Environmental and Preventive Medicine Unit Number 5

Naval Station Box 368143
3035 Albacore Alley
San Diego, CA 92136-5199

DSN: 526-7070 Comm: (619) 556-7070
FAX: DSN: 526-7071 Comm: (619) 556-7071
PLAD: NAVENPVNTMEDU FIVE SAN DIEGO CA
E-mail: nepmu5@nepmu5.med.navy.mil

Officer in Charge

Navy Environmental and Preventive Medicine Unit Number 6

Box 112, Bldg. 1535
Naval Station

Pearl Harbor, HI 96860-5040
DSN: 471-9505 (need operator assistance) Comm: (808) 471-9505
FAX: Comm: (808) 474-9361
PLAD: NAVENPVNTMEDU SIX PEARL HARBOR HI
E-mail: nepmu6@nepmu6.med.navy.mil

Officer in Charge

Navy Environmental and Preventive Medicine Unit Number 7

PSC 824, Box 295
FPO AE 09629-2500

DSN: 624-4101
Commercial from within the US: 011-39-95-56-4101
Commercial from within Italy: 095-56-4101
Commercial from within Europe: 0039-95-56-410
FAX: 011-39-95-56-4100
PLAD: NAVENPVNTMEDU SEVEN SIGONELLA IT
E-mail: sig1pmu@sig10.med.navy.mil

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Navy Environmental Health Center

Commanding Officer
Navy Environmental Health Center
2510 Walmer Avenue
Norfolk, VA 23513-2617
DSN: 864-5500 Comm: (757) 462-5500
FAX: DSN: 564-3672 Comm: (757) 253-3672
PLAD: NAVENVIRNHLTHCEN NORFOLK VA
E-mail: prevmed@med.navy.mil

Navy Infectious Diseases Consultants

National Naval Medical Center

Infectious Diseases Division
8901 Wisconsin Ave
Bethesda, MD 20889-5600
DSN: 295-4237 Comm: (301) 295-4237
FAX: DSN: 295-2831 Comm: (301) 295-2831

Naval Medical Center

Infectious Diseases Division
620 John Paul Jones Circle
Portsmouth, VA 23708
DSN: 564-5179 Comm: (757) 953-5179
FAX: DSN: 564-7674 Comm: (757) 953-7674

Naval Medical Center

Infectious Diseases Division
34800 Bob Wilson Drive
San Diego, CA 92134-1201
DSN: 522-7475 Comm: (619) 532-7475
FAX: DSN: 522-7478/8798 Comm: (619) 532-7478/8798

Centers For Disease Control And Prevention

Special Pathogens Branch
(404) 639-1050